



Rotherham School Rogaine Training Day 2018

Dear Parents/Caregivers,

On Sunday 8th July 2018, the Rotherham Home and School is running the Amuri Basin Rogaine as a major fundraiser for the year. This will be a wonderful event and is open to the whole family with a 1.5 hour, 3 hour or 6 hour category. Entries are open until this Friday 29th of June so if you or your child are interested in entering you need to get in quick!

Rogaining is an orienteering sport which involves both route planning and navigation between checkpoints using a variety of map types. In a rogaine, teams of 2–5 people choose which checkpoints to visit within a time limit with the intent of maximising their score. Teamwork, endurance, competition and an appreciation for the natural environment are features of the sport.

We would like to give our Year 4-6 students an opportunity to discover rogaining and have organised a training morning and practice afternoon with the wonderful Sara O'Neill. We are planning on teaching the children how to map read and route plan in the morning and then will head down to the cross country course to have a practice rogaine in the afternoon.

The children will need to wear running shoes, have warm clothing, a drink bottle and any personal medication required (e.g. inhalers). A second pair of footwear to wear home would also be a good idea.

If you would like more information about this event please get in touch. Please return this permission slip by Friday 29th June.

Kind Regards,
Belinda Rutherford

Rotherham School **Rogaine Training Day Permission Slip**

I give permission for _____ to walk to the Dampier-Crossley's farm to participate in Rogaine training on Thursday 5th July 2018.

Signed _____

Date _____
